What Can You Add To Corn Flakes?

Corn flakes are one of the most popular foods in the modern breakfast diet. For people who are more urgent in the morning, corn flakes can help solve many problems. It can be consumed immediately after brewing with milk, so there is no need to worry about time-consuming. At the same time, corn flakes are made with corn as the main raw material, which is a very healthy food material. Therefore, it has been widely welcomed by the public. But if you only eat corn flakes, it will be more monotonous. So what can we add when eating corn flakes to enrich our breakfast?

Here are some ingredients that can be eaten with corn flakes. I believe it will make your breakfast more perfect!

1.Maple syrup

Maple syrup is one of the most commonly added ingredients in breakfast cereals and corn flakes will become very sweet immediately after adding it, and the taste will be richer. For those who like to eat sweets, this is the most suitable.

2.Pineapple

Add pineapple to corn flakes? Presumably this is incomprehensible to many people, but after cutting the pineapple into small pieces, it will have a little citrus aroma and a slight sweetness. A cup of pineapple corn flakes in the morning is refreshing, delicious and nutritious. It can provide sufficient motivation for a day.

3.Cinnamon

As a spice, cinnamon has a very rich flavor. When adding cinnamon, there is no need for extra operations. Just add a little bit to the corn flakes, which can change the taste of the corn flakes to a large extent. If you want to try the rich flavor, you can use cinnamon.

4.Banana

Banana is rich in cellulose and vitamins. It is a very healthy fruit and has a good effect on moistening the intestines and laxatives. Adding bananas to corn flakes will not only make the taste fresher, but it is also very beneficial to your health.

5.Raisins

You will definitely find that raisins are added to many cereals nowadays. This is because raisins are not only sweet, but also very rich in taste, which can add a lot of flavor. Therefore, adding raisins to corn flakes is a good choice. In addition, you can also add vanilla extract, strawberries, lettuce, apples, etc., adding different ingredients to get different flavors, so that our breakfast is more rich.



The expanding demand for corn flakes means that the demand for corn flakes production lines will also continue to expand. <u>Our</u> <u>company</u> can provide you with high-quality corn flakes production lines with very high cost performance. Among similar equipment, our <u>corn flakes production lines</u> have the best production. Quality and production efficiency, and sales of our instant noodle production line and baby rice noodle production line are very high.

Breakfast is the most important meal of our day, we must eat on time! Adding some other ingredients to corn flakes can make our diet richer, so hurry up and try it!