

# Why Store Bought Baby Food Is Bad?

Nowadays, the food safety problem is becoming more and more serious. The public has higher and higher standards for the hygiene of food, especially for babies. Parents have higher standards for their choice. Babies are unable to express their feelings and rely entirely on their parents. The food they eat varies at each stage of their growth. And there are strict standards for each stage.

Buying baby food in a business store is the choice of most parents. And it's easy to save time, but many parents think that the baby food that the store buys is bad. And why is that?



Buying baby food in a business store has the advantages and disadvantages. And there is no perfect thing in the world. First of all, when the factory makes baby food, in order to

kill bacteria, it usually carries out strict sterilization treatment. It may destroy some nutrients in the food. And let the baby eat some highly processed foods every day will also cause protein deficiency.

Secondly, when it comes to the choice of ingredients and the ratio of ingredients, parents have no choice but to make purchases according to the choice of the factory. This may not be a good choice for the baby's favorite food.

Investigations and studies have shown that one or more heavy metals, such as arsenic or lead, appear in many baby foods. This makes many parents very worried and even afraid to buy baby food from stores.

All the above make parents think that the baby food in the store is very bad. And they will choose to make baby food for their babies at home. Is this really the case?



There is no denying that there are some problems of food on the market, but it still does not affect us to buy in the store baby food. The prerequisite is to choose foods produced by regular manufacturers. [Shandong Loyal Industrial Co.,Ltd.](#) use professional [baby food production lines](#) for production. The highly automated production method reduces manual intervention and ensures hygienic quality. Each type of food uses rigorous scientific formulas to escort your baby's healthy growth.

About the problem of heavy metal is inevitable, because nature exists in the soil of heavy metals, fruits and vegetables can absorb these heavy metals in the process of growth, even making baby food at home cannot avoid this problem, and the heavy metal content in rice is much higher than that in vegetables, and we still eat it every day.

When choosing baby food for the baby, parents can choose

according to their own situation. If you have more time, you can choose to make it at home, so that your baby can eat more at ease. If you don't have enough time, you can buy it directly from the store, but you must buy the food produced by regular manufacturers, so as to ensure the quality.

There are two sides to everything, and what suits us is the best. And we hope that our babies can grow up healthily.